



# Vegetable Seasonality Chart

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Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Artichokes												
Arugula												
Asian Greens												
Asparagus												
Avocados												
Basil												
Beans												
Beets												
Bok Choy												
Broccoli												
Brussels Sprouts												
Burdock												
Cabbage												
Cactus Pads												
Cardoons												
Carrots												
Cauliflower												
Celery												
Chard												
Collards												
Corn												
Cress												
Cucumbers												
Dandelion/Chicory												
Eggplant												
Endive												
Fava Beans												
Fennel												
Garlic												
Gourds												
Green Garlic												
Herbs												
Horsedrardish												

\* Light gray indicates that it can be found in the market but is not within its natural harvest season (possible through storage or hot house production)

Please contact the Center for Urban Education about Sustainable Agriculture at [info@cuesa.org](mailto:info@cuesa.org) before reproducing or distributing this chart.

